

Summer Programme 22nd July - 01st Sept 2024

	Mon	Tue	Wed	Thu	Fri	Sat	Sun
Performance 1	Rammy 5.00-7.00pm	Bury 5.30-7.00pm		Bury 5.00-7.00pm		CLC 4.30-6.00pm	
Performance 2		Bury 4.30-5.30pm	Rammy 5.15-7.00pm		Rammy 6.00-7.00pm	CLC 3.30-4.30pm	
Sprint Group		Rammy 8.00-9.00pm		Rammy 8.00-9.00pm		CLC 4.30-6.00pm	
Development 1			Rammy 4.15-5.15pm		Rammy 5.00-6.00pm	CLC 3.30-4.30pm	
Development 2				Bury 7.00-7.30pm		CLC 3.00-3.30pm	
Development 3				Bury 6.30-7.00pm		CLC 3.00-3.30pm	

Club will have a 2 week break Saturday 10/08/2024-Friday 23/08/2024